**CURRICULUM VITAE**

**DATI PERSONALI:**

Cognome: Villafañe

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H-Index: 6 (ISI Web of Science)

**STUDI:**

2009-2012

**Dottore di Ricerca (Ph.D).** Dipartimento di Fisioterapia, Terapia Occupazionale, Riabilitazione e Medicina Fisica. Facoltà di Medicina. Università Rey Juan Carlos. Spagna.

2008-2009

**Master Universitario in Terapie Manuali (MSc).** Universidad Europea de Madrid. Spagna.

2008

Omologazione a Grado Accademico di **Laurea Magistrale**. Ministerio de Ciencia e Innovación. Spagna.

2003

Riconoscimento del titolo di “Licenciado en Kinesiología y Fisioterapia” all’esercizio della professione di **Fisioterapista**. Ministero della Sanità. Italia.

1997-2001

**Laurea Magistrale in Kinesiología e Fisioterapia (PT)**. Universidad Nacional de Córdoba. Argentina.

1991-1996

**Tecnico elettromeccanico**. Scuola E.N.E.T N°1 Gral. Savio. Río Tercero. Argentina.

**ATTIVITA’ SVOLTE:**

2015-presente

* Consulente scientifico presso IRCCS Istituto Ortopedico Galeazzi, Milano, Italia.

2013-presente

* **Ricercatore** presso IRCCS Fondazione Don Gnocchi, Milano, Italia.

2003-presente

* Svolge la professione di **Fisioterapista**, come libero professionista.

1991-1996

* Come **atleta argentino**, partecipai a livello nazionale nelle categorie allievi-juniores ottenendo diversi titoli e records.

**PUBBLICAZIONI:**

**2011**

1. **Villafañe JH**, Silva GB, Fernandez-Carnero J. [Short-term effects of neurodynamic mobilization in 15 patients with secondary thumb carpometacarpal osteoarthritis.](http://www.ncbi.nlm.nih.gov/pubmed/21875519) *J Manipulative Physiol Ther.* 2011 Sep;34(7):449-56.
2. **Villafañe JH**, Silva GB, Diaz-Parreño SA, Fernandez-Carnero J. [Hypoalgesic and motor effects of kaltenborn mobilization on elderly patients with secondary thumb carpometacarpal osteoarthritis: a randomized controlled trial.](http://www.ncbi.nlm.nih.gov/pubmed/21899891) *J Manipulative Physiol Ther.* 2011 Oct;34(8):547-56.

**2012**

1. **Villafañe JH**, Silva GB, Bishop MD, Fernandez-Carnero J. [Radial nerve mobilization decreases pain sensitivity and improves motor performance in patients with thumb carpometacarpal osteoarthritis: a randomized controlled trial.](http://www.ncbi.nlm.nih.gov/pubmed/22218138) *Arch Phys Med Rehabil.* 2012 Mar;93(3):396-403.
2. **Villafañe JH**, Silva GB, Fernandez-Carnero J. [Effect of thumb joint mobilization on pressure pain threshold in elderly patients with thumb carpometacarpal osteoarthritis.](http://www.ncbi.nlm.nih.gov/pubmed/22257943) *J Manipulative Physiol Ther.* 2012 Feb;35(2):110-20.
3. **Villafañe JH**, Silva GB, Dughera A. [Manipulative and rehabilitative therapy as a treatment of idiopathic scoliosis without psychological sequelae: a case report.](http://www.ncbi.nlm.nih.gov/pubmed/23204954) *J Chiropr Med.* 2012 Jun;11(2):109-114.
4. **Villafañe JH**, Silva GB, Chiarotto A. [Effects of passive upper extremity joint mobilization on pain sensitivity and function in participants with secondary carpometacarpal osteoarthritis: a case series.](http://www.ncbi.nlm.nih.gov/pubmed/23206969) *J Manipulative Physiol Ther*. 2012 Nov;35(9):735-742.
5. **Villafañe JH**, Silva GB, Chiarotto A, Ragusa OL. [Botulinum toxin type A combined with neurodynamic mobilization for upper limb spasticity after stroke: a case report.](http://www.ncbi.nlm.nih.gov/pubmed/23449315) *J Chiropr Med*. 2012Sep;11(3):186-191.
6. **Villafañe JH**, Fernandez-de-las-Peñas C, Pillastrini P. [Botulinum toxin type A combined with cervical spine manual therapy for masseteric hypertrophy in a patient with Alzheimer-type dementia: a case report.](http://www.ncbi.nlm.nih.gov/pubmed/23843761) *J Chiropr Med.* 2012 Dec;11(4):280-285.

**2013**

1. **Villafañe JH**. [Botulinum toxin type A combined with neurodynamic mobilization for lower limb spasticity: a case report.](http://www.ncbi.nlm.nih.gov/pubmed/23997723) *J Chiropr Med.* 2013. Mar;12(1):39-44.
2. **Villafañe JH**, Bishop MD,Fernandez-de-las-Peñas C, Langford D. [Radial nerve mobilisation had bilateral sensory effects in people with thumb carpometacarpal osteoarthritis: a randomised trial.](http://www.ncbi.nlm.nih.gov/pubmed/23419912)J Physiother. 2013 Mar;59(1):25-30.
3. **Villafañe JH**, Cleland J. A, Fernández-de-las-Peñas C. [The effectiveness of a manual therapy and exercise protocol in patients with thumb carpometacarpal osteoarthritis: a randomized controlled trial.](http://www.ncbi.nlm.nih.gov/pubmed/23485660) *J Orthop Sports Phys Ther.* 2013 Apr;43(4):204-213.
4. **Villafañe JH**, Valdes K. [Combined thumb abduction and index finger extension strength: a comparison of older adults with and without thumb carpometacarpal osteoarthritis.](http://www.ncbi.nlm.nih.gov/pubmed/23719517) *J Manipulative Physiol Ther.* 2013 May;36(4):238-244.
5. **Villafañe JH**, Cleland J. A, Fernandez-de-las-Peñas C. [Bilateral sensory effects of unilateral passive accessory mobilization in patients with thumb carpometacarpal osteoarthritis.](http://www.ncbi.nlm.nih.gov/pubmed/23719518) *J Manipulative Physiol Ther.* 2013 May;36(4):232-237.
6. **Villafañe JH**, Langford D, Alguacil-Diego IM, Fernandez-Carnero J. [Management of trapeziometacarpal osteoarthritis pain and dysfunction using mobilization with movement technique in combination with kinesiology tape: a case report.](http://www.ncbi.nlm.nih.gov/pubmed/24294150) *J Chiropr Med*. 2013 Jun;12(2):79-86.
7. Bertozzi L, Gardenghi I, Turoni F, **Villafañe JH**, Guccione AA, Pillastrini P. [Effect of therapeutic exercise on pain and disability in the management of chronic nonspecific neck pain: systematic review and meta-analysis of randomized trials.](http://www.ncbi.nlm.nih.gov/pubmed/23559524) *Phys Ther*. 2013 Aug;93(8):1026-36.
8. Negrini S, Imperio G, **Villafañe JH**, Negrini F, Zaina F. [Systematic reviews of physical and rehabilitation medicine Cochrane contents. Part 1. Disabilities due to spinal disorders and pain syndromes in adults.](http://www.ncbi.nlm.nih.gov/pubmed/24084418) *Eur J Phys Rehabil Med*. 2013 Aug;49(4):597-610.
9. Chiarotto A, Fernandez-de-las-Peñas C, Castaldo M, Negrini S, **Villafañe JH**. [Widespread pressure pain hypersensitivity in elderly subjects with unilateral thumb carpometacarpal osteoarthritis.](http://www.ncbi.nlm.nih.gov/pubmed/24426960) *Hand (NY)*. 2013 ;8(4):422-429.
10. **Villafañe JH**, Pillastrini P, Borboni A. [Manual therapy and neurodynamic mobilization in a patient with peroneal nerve paralysis: a case report.](http://www.ncbi.nlm.nih.gov/pubmed/24396318) *J Chiropr Med*. 2013 Sep;12(3):176-181.
11. Pillastrini P, Bonfiglioli R, Valpiani G, **Villafañe JH**, Vanti C, Violante FS. [The effect of a multimodal group programme in hospital workers with persistent low back pain: a prospective observational study.](http://www.ncbi.nlm.nih.gov/pubmed/24180086) *Med Lav*.2013 Sep-Oct;104(5):368-79.
12. Chiarotto A, Fernandez-de-las-Peñas C, Castaldo M, **Villafañe JH**. [Bilateral Pressure Pain Hypersensitivity over the Hand as Potential Sign of Sensitization Mechanisms in Individuals with Thumb Carpometacarpal Osteoarthritis.](http://www.ncbi.nlm.nih.gov/pubmed/23802919) *Pain Med*. 2013 Oct;14(10):1585-92.

**2014**

1. Parazza S, Vanti C, O’Reilly C, **Villafañe JH**, Tricas-Moreno J.M, Estebanez-de Miguel E. [The relationship between cervical flexor endurance, cervical extensor endurance, VAS, and disability in subjects with neck pain.](http://www.ncbi.nlm.nih.gov/pubmed/24581272) *Chiropr Man Therap.* 2014 Mar 3;22(1):10. [Epub ahead of print]
2. Bissolotti L, Gobbo M, **Villafañe JH**, Negrini S. [Spinopelvic balance: new biomechanical insights with clinical implications for Parkinson's disease.](http://www.ncbi.nlm.nih.gov/pubmed/24162521) *Eur Spine J.* 2014 Mar;23(3):576-83.
3. Taveggia G, **Villafañe JH**, Vavassori F, Lecchi C, Borboni A, Negrini S. [Multimodal Treatment of Distal Sensorimotor Polyneuropathy in Diabetic Patients: A Randomized Clinical Trial.](http://www.ncbi.nlm.nih.gov/pubmed/24656867) *J Manipulative Physiol Ther.* 2014 May;37(4):242-52.
4. Castaldo M, Ge HY, Chiarotto A, **Villafañe JH**, Arendt-Nielsen L. Myofascial Trigger Points in Patients with Whiplash-Associated Disorders and Mechanical Neck Pain. *Pain Med*. 2014 May;15(5):842-9.
5. Isgrò M, Buraschi R, Barbieri C, Baruzzi E, Imperio G, Noro F, **Villafañe JH,** Negrini S. Conservative management of degenerative disorders of the spine. *J Neurosurg Sci*. 2014 Jun;58(2 suppl):73-6.
6. **Villafañe JH**, Fernandez-de-las-Peñas C, Silva GB, Negrini S. [Contralateral sensory and motor effects of unilateral kaltenborn mobilization in patients with thumb carpometacarpal osteoarthritis: a secondary analysis.](http://www-ncbi-nlm-nih-gov.proxy.unibs.it/pubmed/25013272) *J Phys Ther Sci*. 2014 Jun;26(6):807-12.
7. **Villafañe JH**, Valdes K. [Reliability of pinch strength testing in elderly subjects with unilateral thumb carpometacarpal osteoarthritis.](http://www.ncbi.nlm.nih.gov/pubmed/25140081) *J Phys Ther Sci*. 2014 Jul;26(7):993-5.
8. Bissolotti L, Donzelli S, Gobbo M, Zaina F, **Villafañe JH**, Negrini S. Scoliosis and sagittal balance in Parkinson's Disease: analysis of correlations. Scoliosis 2014, 9(Suppl 1):O38.
9. Bissolotti L, Gobbo M, **Villafañe JH**, Negrini S. Spinopelvic balance: new biomechanical insights with clinical implications for Parkinson’s Disease. Scoliosis 2014, 9(Suppl 1):O41.

**2015**

1. Bertozzi L, **Villafañe JH**, Capra F, Reci M, Pillastrini P. [Effect of an Exercise Programme for the Prevention of Back and Neck Pain in Poultry Slaughterhouse Workers.](http://www-ncbi-nlm-nih-gov.proxy.unibs.it/pubmed/25354250) *Occup Ther Int.* 2015 Mar;22(1):36-42.
2. **Villafañe JH**, Valdes K. [Mobilization with movement and elastic tape application for the conservative management of carpometacarpal joint osteoarthritis.](http://www.ncbi.nlm.nih.gov/pubmed/25287671) *J Hand Ther*. 2015 Jan-Mar;28(1):82-5.
3. **Villafañe JH**, Zanetti L, Isgrò M, Cleland JA, Bertozzi L, Gobbo M, Negrini S. [Methods for the assessment of neuromotor capacity in non-specific low back pain: Validity and applicability in everyday clinical practice.](http://www.ncbi.nlm.nih.gov/pubmed/25271203) *J Back Musculoskelet Rehabil*. 2015;28(2):201-214.
4. Rainoldi L, Zaina F, **Villafañe JH**, Donzelli S, Negrini S. [Quality of Life in Normal and Idiopathic Scoliosis Adolescents before diagnosis: reference values and discriminative validity of the SRS-22. A cross-sectional study of 1205 pupils.](http://www.ncbi.nlm.nih.gov/pubmed/25490612) *Spine J*. 2015 Apr 1;15(4):662-7.
5. Pillastrini P, Ferrari S, Rattin S, Cupello A, **Villafañe JH**, Vanti C. Exercise and multifidus tropism in low back pain. A short review. *J Phys Ther Sci*. 2015 Mar 31; 27(3):943-945.
6. Testa A, Galeri S, **Villafañe JH**, Corbellini C, Pillastrini P, Negrini S. [Efficacy of short-term intrapulmonary percussive ventilation in patients with chronic obstructive pulmonary disease.](http://www-ncbi-nlm-nih-gov.proxy.unibs.it/pubmed/25098596) *Disabil Rehabil.* 2015;37(10):899-903.
7. Bertozzi L, Valdes K, Vanti C, Negrini S, Pillastrini P, **Villafañe JH**. [Investigation of the effect of conservative interventions in thumb carpometacarpal osteoarthritis: systematic review and meta-analysis.](http://www.ncbi.nlm.nih.gov/pubmed/25559974) *Disabil Rehabil.* 2015 Jan 5:1-19.
8. **Villafañe JH**, Valdes K, Bertozzi L, Negrini S. Minimal Clinically Important Difference of Grip and Pinch Strength in Women With Thumb Carpometacarpal Osteoarthritis When Compared to Healthy Subjects. *Rehabil Nurs*. 2014 Dec 31. doi: 10.1002/rnj.196.
9. Ferrari S, Manni T, Bonetti F, **Villafañe JH**, Vanti C.Tests for Lumbar Instability in Low Back Pain: Validity and Applicability in Everyday Clinical Practice. A Systematic Review. *Chiropr Man Therap.* 2015. Proof.
10. **Villafañe JH**, Valdes K, Vanti C, Pillastrini P, Borboni A. Reliability of Handgrip Strength Test in Elderly Subjects with Unilateral Thumb Carpometacarpal Osteoarthritis. *Hand(NY)*. 2015. In Press.
11. **Villafañe JH**, Valdes K, Diaz-Parreño SA, Pillastrini P, Negrini S. Ulnar Digits contribution to Grip Strength in Patients with Thumb Carpo-metacarpal Osteoarthritis is less than in normal controls. *Hand(NY).* 2015. In Press.
12. Morozzo U, **Villafañe JH**, Ieropoli G, Zompi SC, Cleland JA, Navissano M, Malan F. Soft tissue reconstructions with Dermal Substitutes versus alternative approaches in patients with traumatic complex wounds. *Indian J Surg*. 2015. In Press.
13. **Villafañe JH**, Valdes K, Anselmi F, Pirali C, Negrini S. The Validity of the physical examination in diagnosing partial-thickness tears of the supraspinatus tendon: A cohort study. *J Hand Ther*. 2015. doi.org/10.1016/j.jht.2015.01.011
14. **Villafañe JH**, Valdes K. Letter to the editor: Conservative treatment of thumb base osteoarthritis: A systematic review. *J Hand Surg Am*. 2015. DOI: 10.1016/j.jhsa.2015.01.046.
15. **Villafañe JH**, Castaldo M, Borboni A. Physiotherapeutic management of a 54-year-old male with Tinnitus disease: a Case Report. *J Chiropr Med*. 2014. Accepted.
16. Delfa-de-la-Morena J.M, Alguacil-Diego I.M, Molina-Rueda F, Ramiro-González M, **Villafañe JH**, Fernandez-Carnero J. Mulligan ankle tape does not influence Computerized Dynamic Posturography in healthy individuals: Randomized Clinical Trial. *J Phys Ther Sci*. 2015. Accepted.
17. Corbellini C, Eilert-Trevisan C,**Villafañe JH,** Doval-da-Costa A, Rios-Vieira SR. Weaning from mechanical ventilation: a cross-sectional study of reference values and the discriminative validity of aging. *J Phys Ther Sci*. 2015. Accepted.
18. Bissolotti L, Donzelli S, Gobbo M, **Villafañe JH**, Negrini S. In Parkinson’s Disease patients scoliosis is associated with a sagittal balance perturbation, but not with length or severity of disease. *AJMR* 2015. Accepted.
19. **Villafañe JH**. Thumb Carpometacarpal Osteoarthritis in a Seamstress: A Case Report. *Applied Mechanics and Materials*. 2015. Accepted.
20. Fausti D, Petrogalli G, **Villafañe JH**, Faglia R. Study, design and preliminary tests of an automatic device for elbow rehabilitation. *Applied Mechanics and Materials*. 2015. Accepted.
21. Ismael, Banfi, Villafañe JH, Berjano P. Fusion rate following extreme lateral lumbar interbody fusion. *Eur Spine J*. 2015. Accepted.
22. Berjano P, Cecchinato, Sinigaglia, Damilano, Ismael, Martini, **Villafañe JH**, Lamartina. Anterior Column Realignment from a lateral approach for the treatment of severe sagittal imbalance: a retrospective radiographic study. *Eur Spine J*. 2015. Accepted.
23. **Villafañe JH**, Gobbo M, Peranzoni M, Imperio G, Cleland JA, Negrini S. Validity and everyday clinical applicability of lumbar muscle fatigue assessment methods in patients with chronic non-specific low back pain: a systematic review*. Disabil Rehabil.* 2015. In Review.
24. Borboni A, Adamini R, Solazzi L, **Villafañe JH**, Faglia R, De Santis D. Non-Linear, Elastic, Asymmetric Material Cantilever Beam in Large Deflection under Vertical Constant Load. *Open Mech Eng J*. 2015. In Review.
25. Borboni A, **Villafañe JH**, Mulè C, Taveggia R, Valdes K, Faglia R, Negrini S. Robot-Assisted Rehabilitation of Hand Paralysis after Stroke: A Prospective Clinical Trial.*J Manipulative Physiol Ther*. 2015. In Review.
26. **Villafañe JH**, Perucchini D, Cleland J, Barbieri C, Negrini S. The Effectiveness of a Cognitive Behavioral Exercise Approach (CBEA) Compared to Usual Care in Patients with a Whiplash Associated Disorder: A Quasi-experimental Clinical Trial. *J Back Musculoskelet.* 2015. Submitted.
27. **Villafañe JH**, Manno S, Dughi S, Testa A, Bishop MD, Pirali C, Negrini S. Association between of malnutrition with changes in Barthel Index in an elderly community hospitalized. *Asian Nurs Res*. 2015. Submitted.
28. **Villafañe JH**, Mulle C, Galeri S, Imperio G, Bissolotti L, ValdesK, Borboni A, Negrini. Efficacy of Short-Term Robot-Assisted Rehabilitation in Patients With Hand Paralysis after Stroke: a multicenter randomized clinical trial. JoP. 2015. Submitted.
29. **Villafañe JH**, Valdes K, Buraschi R, Martinelli M, Bissolotti L, Negrini S. Reliability of the Handgrip Strength Test in Elderly Subjects with Parkinson Disease. Hand (NY). 2015. Submitted.
30. Pillastrini P, Rocchi G, Deserri D, Fosichi P, Naldi MT, **Villafañe JH,** Bertozzi L. Effectiveness of Neuromuscular Taping on Painful Hemiplegic Shoulder: a randomised trial. *Disabil Rehabil*. 2015. Submitted.
31. **Villafañe JH**, Pirali C, Buraschi R, Arienti C, Corbellini C, Negrini S. Moving forward in fall prevention: An Intervention to improve balance among patients in a quasi-experimental study of hospitalized patients. *Jpn J Nurs Sci.* 2015. Submitted.
32. Negrini S, Poma S, Donzelli S, Balzarini L, Borboni A, Respizzi S, **Villafañe JH,** Zaina F. State of the art of actual 3-D scoliosis classifications: a systematic review from a clinical perspective. *Eur Spine J*. 2015. Submitted.
33. Vanti C, Ferrrari S, **Villafañe JH**, Monticone M. Responsiveness of the Bridge maneuvers in subjects with symptomatic lumbar spondylolisthesis: a prospective cohort study. *J Sport Rehabil*. 2015. Submitted.
34. López-de-Uralde-Villanueva I, Beltran-Alacreu H, Fernández-Carnero J, Villafañe JH, La Touche R. Effectiveness of therapeutic patient education based on a biobehavioral approach combined with manual therapy and therapeutic exercise in reducing chronic nonspecific neck pain: a single-blind, randomized controlled trial. *Eur J Phys Rehabil Med*. 2015. Submitted.
35. Ieropoli G, Morozzo U, Zompi SC, **Villafañe JH**. Minimally invasive plate osteosynthesis using a locking compression plate for distal tibial and calcaneus fractures. *Indian J Orthop*. 2015. Submitted.
36. De Marco, Vanti C, Pillastrini P, **Villafañe JH**, Romeo A. Structural and functional change of cervical neuromuscular system associated with insidious Onset Neck Pain. A literature review. *Funct Neurol*. 2015. Submitted.
37. **Villafañe JH**, Valdes K, Berjano P, Wajon A. Comment. Clinical update: conservative management of carpometacarpal joint osteoarthritis. *J Rehumatol*. 2015. Submitted.
38. Bertozzi L, Rosso A, Romeo A, **Villafañe** **JH**, Guccione A, Pillastrini P, Vanti C. The accuracy of Pain Drawing in identifyning psychoogical distress in low back pain: Systematic review and meta-analysis of diagnostic studies. *Pain Practice*. 2015. Submitted.
39. Furnari A, Sabattini P, Buttacchio G, Tebaldi S, Mapelli A, Farini E, Bonassi U, Casale R, **Villafañe** **JH**, Borboni A. Robotic-assisted gait training in Parkinson’s Disease: a Randomized Clinical Trial. *J Clin Neurosci*. 2015. Submitted.
40. Vanti C, Ferrari S, **Villafañe JH**, Berjano P, Monticone M. Responsiveness and Minimum Important Change of the Oswestry Disability Index in Italian subjects with Symptomatic Lumbar Spondylolisthesis. *Eur Spine J*. 2015. Submitted.
41. Negrini S, Bissolotti L, Ferraris A, Noro F, Bishop MD, **Villafañe JH**, 10 outpatient sessions of Nintendo Wii Fit for Balance Rehabilitation are enough in Patients with Parkinson’s Disease: A prospective controlled cohort Study. *J Gerontol Nurs.* 2015. Submitted.
42. Corbellini C, Berjano P, Cocchetti A, Polli B, Rossino E, Ruffinato L, Massaccesi R, Villafañe JH. The role of the thoracic cyrtometry in a rehabilitation program. *Rehabil Nurs*. 2015. Submitted.
43. Bissolotti L, Gobbo M, Gaffurini P, Orizio C, Valdes K, **Villafañe JH**, Negrini S. Changes in Skeletal Muscle Perfusion and Spasticity on Patients with Post-stroke Hemiparesis Treated by Robotic Assistance (Gloreha) of Hand. *Hand (NY)*. 2015. Submitted.
44. Taveggia G, Borboni A, Mullé C, **Villafañe JH**, Negrini S. Conflicting of results of Robot-assisted versus usual gait training during postacute rehabilitation of stroke patients: a randomized clinical trial. *AJMR* 2015. In Review.
45. Resende F, Vanti C, Trani Brandão JG, Oliveira Amorim JB, Guccione A, **Villafañe JH**, Pillastrini P. The effect of global postural reeducation on musculoskeletal pain and on body weight distribution in sitting posture: A pilot study. *Rehab Nurs*. 2015. Submitted.
46. Margelli M, **Villafañe JH,** Vanti C. Dysphagia associated to anterior cervical disc protrusion: A case report. *J Chiropr Med*. 2015. In Review.

***Revisore***

*2014*

* American Journal of Physical Medicine & Rehabilitation (2 times).
* Journal of Chiropractic Medicine.

*2013*

* Journal of Manipulative and Physiological Therapeutics (3 times).

*2012*

* Journal of Manipulative and Physiological Therapeutics.
* Clinical Anatomy.

**CONFERENZE, CONGRESSI, SIMPOSI:**

***Inviti Internazionale***

1. **Villafañe JH** “Efectos hipoalgesicos y motores de la terapia manual en adultos mayores con rizartrosis secundaria” I Congresso Internazionale di Terapia Manuale Ortopedica. Università Europea di Madrid. Spagna. Aprile 2011. Relatore.

***Inviti Nazionale***

1. **Villafañe JH**, Pirali C, Mariani F, Donato F, Rizzi E, Negrini S. Efficacia della medicazione con ossido di zinco del bendaggio nel trattamento riabilitativo del linfedema cronico: studio di coorte controllato. 41° Congresso Nazionale SIMFER, La ricerca in medicina riabilitativa: per una scienza del recupero. Roma. Ottobre 2013. Poster.
2. **Villafañe JH**, Fernandez-de-las-Peñas C, Silva GB. “Bilateral Sensory and Motor Effects of Unilateral Kaltenborn Mobilization in patients with Carpo-metacarpal Osteoarthritis: Secondary analysis of a clinical trial”. XLIX Congresso Nazionale della Società Italiana di Reumatologia (SIR). Milano. Italia. Novembre 2012. Comunicazione orale.
3. **Villafañe JH**, Silva GB, Diaz-Parreño SAand Fernandez-Carnero J “Hypoalgesic and motor effects of Kaltenborn mobilization on elderly patients with secondary thumb carpometacarpal osteoarthritis. A randomized, controlled trial”. XLVIII Congresso Nazionale della Società Italiana di Reumatologia (SIR). Rimini. Italia. Novembre 2011. Poster.
4. **Villafañe JH**, Silva GB, Bishop MDand Fernandez-Carnero J. “Radial nerve mobilization decreases pain sensitivity and improves motor performance in patients with thumb carpometacarpal osteoarthritis: a randomized, controlled trial”. 49° Congresso Nazionale della Società Italiana di Chirurgia della Mano”. Torino. Italia. Ottobre 2011. Comuicazione orale.
5. **Villafañe JH**, Silva GB and Fernandez-Carnero J “Median nerve mobilization decreses pain and increses strength in patients with secondary thumb carpometacarpal osteoarthritis: long-term follow-up of 15 cases”. 34° Congresso Nazionale AISD (Associazione Italia per lo Studio del Dolore). Riccione. Italia. Maggio 2011. Abstract book, p.116-8. Poster.

***Inviti Regionale***

1. **Villafañe JH**. Correlazioni tra strumenti di misura: dolore e forza nella pratica clinica e nella ricerca scientifica. Esempio in soggetti con rizoartrosi. 2° Congresso Scientifico A.I.Fi Piemonte-Valle D' Aosta. Turin, Marzo 2012.

**PREMI O DISTINZIONI:**

**2015**

* Ricerca corrente 2015. Efficacia del trattamento con mobilizzazione assistita robotica (Gloreha) associato al trattamento convenzionale della mano emiplegica in pazienti con esiti di ICTUS: studio preliminare. €10.627,35

**2014**

* Ricerca Corrente 2014. Trattamento di soggetti affetti da Malattia di Parkinson utilizzando la consolle Nintendo wii: individuazione del miglior protocollo terapeutico individualizzato. €23.046,95
* Ricerca Corrente 2014. Associazione tra le alterazioni della nutrizione e lo stato funzionale del paziente anziano da riabilitare nutrizione, Barthel, MNA. €26.805,35.
* Ricerca Corrente 2014. Efficacia del trattamento con esercizi associati a collare nel colpo di frusta cervicale in fase acuta. €21.626,85
* Premio Extraordinario de Doctorado año 2013-2014. Universidad Rey Juan Carlos, Madrid, Spagna.

**2013**

* Premio “AISD per i giovani”. 36° Congresso Nazionale AISD (Associazione Italia per lo Studio del Dolore). Le nuove frontiere della medicina del dolore. Verona. Italia. Chiarotto A, Fernandez-de-las-Peñas C, Castaldo M, Negrini S, **Villafañe JH**. “Widespread pressure pain hypersensitivity in elderly subjects with unilateral thumb carpo-metacarpal osteoarthritis”.

**2012**

* Dottorato di Ricerca (Ph.D), **Apto Cum Laude**, Universidad Rey Juan Carlos, Madrid.

**2011**

* Premio “AISD per i giovani”. 34° Congresso Nazionale AISD (Associazione Italia per lo Studio del Dolore). Le nuove frontiere della medicina del dolore. Riccione. Italia. **Villafañe JH**, Silva GB, Fernandez-Carnero J. Short-term effects of the Neurodynamic mobilization in patients with secondary thumb carpometacarpal osteoarthritis: A Cases Series study.